

# Scientology

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## PHOENIX CONGRESS REPORT

### GROUP PROCESSING VALIDATES LATEST TECHNIQUES

The delegates to the International Congress of Scientologists and Dianeticists at Phoenix, Arizona were greeted by warm and clear weather in the Valley of the Sun as they arrived at the new, modernistic quarters of the Little Theater, supported and operated by the City of Phoenix.

These excellent quarters, completely equipped for theatrical production, were the setting for a new experience in the history of Dianetics and Scientology. This new experience consisted of presentation of the latest techniques and methods of Scientology, as worked out and perfected in the courses in Clinical Procedures presented at Camden during October, November and December of 1953 in the form of actual processes administered upon the group of assembled delegates by L. Ron Hubbard, founder and developer of Dianetics and Scientology.

The schedule for the Congress had listed lectures to be presented in the normal form. However, mere presentation of technical material was kept to an absolute minimum, L. Ron Hubbard presenting the majority of the important technique and procedure in the form of processes upon the group. It is an understatement to say that all of the delegates assembled received some benefit from this processing. Actually, many assembled received great benefit from these simple, concise and easily used processes.

There is certainly no better test of the workability of the group processes than to use them on a large group, such as those delegates to the Phoenix Congress. This experimentation met with outstanding success. The general tone (Continued on Page 9)

### WICHITA FOUNDATION CLOSES

According to "Dianetics Today," "Don Purcell has left Dianetics and has withdrawn his financial support from the Wichita Foundation." Waldo Boyd is now in California where he says he's going to write.

### ADVANCED CLINICAL COURSE CONTINUES IN PHOENIX, NOT CAMDEN

According to word just received from L. Ron Hubbard in Phoenix, Arizona where he is now instructing the third unit of the Advanced Indoctrination Course in Clinical Procedures, the fourth unit of this course is to be presented in Phoenix rather than in Camden as had originally been planned. Mr. Hubbard will remain in Phoenix to instruct this course from February 15 to March 27.

The HAS has secured spacious and pleasant quarters for the training center at 616 North 3rd Street, and the Phoenix climate is delightful at this time of year. As a result the morale of the group in the third course unit there is the highest yet encountered by Mr. Hubbard in his recent series of indoctrination courses in Clinical Procedure. For these reasons, the HAS has elected to make this alteration in its plans for presenting this course.

Applications for the fourth unit of the Advanced Indoctrination Course should be addressed to L. Ron Hubbard, 616 North 3rd Street, Phoenix, Arizona. The cost of this course remains at \$800.00. Additional units of this course are planned, and their locations will be announced in future issues of the Journal.

### NEW YEAR BRINGS NEW STAFF MEMBER FOR HAS

News Flash! Phoenix, Arizona, January 6, 1954

Mr. and Mrs. L. Ron Hubbard proudly announce a new addition to their family, a bouncing baby boy, making the latest addition to the staff of the HAS.

#### Vital Statistics:

Weight: 6 pounds, 2 ounces

Name: Clinton Geoffrey Macauley Hubbard

Hair: Red, what else?

Capabilities: Virtually unlimited

The mother and baby were in such good condition that they were returned home only fifty hours after delivery.

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**CORRECTION:**

In Issue 22-G of the Journal of Scientology, page 7, appeared the following announcement. "If you have had training to the level of HCA you are entitled to professional membership or special membership, a Journal subscription, and the PAB's and other services from the HAS. If you are not receiving these it is because your name has not been reported to the HAS. Please do so at once, giving place and date trained."

This announcement was incorrect. It has been confusing to some readers who received the impression that the above was meant to infer that special memberships were available only to HCA's and other professionally trained persons. Your editors apologize.

While "Professional" memberships are available only to those who have received HCA or higher level training, "special" memberships are available to one and all interested in Scientology. Both professional and special members receive the Journal and PAB's (Professional Auditors Bulletins) as well as a 20% discount on many purchases. The price of both memberships is \$25.00 per year in the U.S., or 10 pounds from London (present exchange rate of \$28.00), for Airmail service, \$10.00 additional.

**ANNOUNCEMENT:** The names of Helen O'Brien and John Nengehauer (Noyga) have been removed from all official lists of members in the offices of the Hubbard Association of Scientologists in Camden, New Jersey.

**SCIENTOLOGY FOUNDATION  
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 ANNOUNCES**

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# scienotes

some like us, but you  
 can't please everybody!

".... May I say that I have benefited a great deal, just from reading Mr. Hubbard's works." William B. Morrison, Honolulu, Hawaii.

".... The experience I've had with two of your so-called "trained HDA's," the transitory nature of foundation headquarters, and the way you don't publish that simple little Journal on time -- it's largely just a rehash of previous publications anyhow--leads one to suspect that far from being superior to the normal "Preclear" you're actually below standard. In fact, I suspect at times that this is just another money making hoax." Harvey Sennert, Xenia, Ohio.

".... I'm laying down the cudgels, and doffing my hat to you! . . . Where I thought Scientology techniques were totally unrelated to "reality" and just fun and games, I now find they do what old techniques did--but faster--and more too . . . Best of all, I know how hadly I've fooled myself, and what it feels like to he. And it's certainly encouraging to discover I can be three feet behind my head or anywhere else." Richard Kerlin, University City, Missouri.

".... I probably didn't communicate clearly enough on my wife. What I meant to say was that she is getting so good looking that other women comment on her improved appearance. In the past when they asked her about it she brought up the fact that the reason for her improved appearance was her use of therapy. The answer to this has always been silence, up to last night. Last night her beauty was so noticeable that one of the formerly silent ones got her in a corner and demanded to know all about Scientology." Roby LaMarche, Wakefield, Rhode Island.

".... We both want processing from someone who has had the clinical work . . . I have had some very favorable correspondence from some of those who finished the Clinical Course and from observers." Ival A. Mainard, Elgin, Illinois.

".... I am not persuaded to renew my subscription to Scientology. The last issue I received was 13-G announcing the move to Philadelphia, and then 22-G announcing another move." J. A. Schultz, Golden, Colorado.

".... I am fully aware that Ron is the only developer of Scientology, and I look forward to the soon-to-come day when the statement will be acceptable to and accepted by the public. At this time, however, the use of the "indefinite plural" seems advantageous. The public distrusts one-man efforts. They are unaware of the fact that physics was developed by Newton. They think it was developed by a lot of people.

My use of the "indefinite plural" is not unprecedented in Dianetics and Scientology. Ron has done the same thing many times. He has named Parker Morgan, Donald Rogers, Street and Byall, Jack Naylor (!), Evans Farber, Haskell Cooke, John Galusha, Bud Eubank, and John Robinson significant contributors to Dianetics and Scientology. In my view, none of these have contributed anything but their names--but their names have served a purpose. Little by little, we grow out of the necessity of such measures.

(Continued on Page 9)

## A CASE REPORT:

From Mr. F. W. Crooks, Gayton Le Marsh, Alford Lincs, England comes the following case history on the successful treatment of Asthma.

December 5, 1953

Case of: R. A. 25 years, Farmer.

Asthma sufferer since the age of 7 years. Attacks each and every night which were relieved by the taking of tablets. Unable to thresh his own produce, owing to the effect of the dust from the seeds, etc.

Case treated as follows:

15 minutes: The remedy will work, the remedy will not work in brackets.

10 minutes: A medium state of sickness in brackets.

95 minutes: Wasting good and bad air in brackets. Accepting under duress, accepting and desiring good and bad air in brackets.

10 minutes: Attention on two anchor points.

20 minutes: Talking over the session.

Total: 2½ hours and Asthma gone.

## ON PAB'S

In recent weeks, numerous inquiries have come to the HAS in Camden concerning the availability of PAB's (Professional Auditor's Bulletins). These bulletins which are supplied to members of the HAS are printed and mailed from London; they are not in stock in the Camden Office.

Members who have failed to receive issues for some reason should direct their inquiries to the London office of the HAS for prompt attention: Address: Jean Atkinson, Secretary, Hubbard Association of Scientologists, 163 Holland Park Avenue, London, W. 11, England. Please include complete details as to when your membership was taken, the last PAB you received, and the Bulletins you are lacking, etc.

PAB's which have never been received by members will be sent on free of charge. However, in many cases, requests are made for extra copies to complete files or similar purposes. These additional copies are now available at twenty-five cents each from the London Office.

## THANK YOU . . .

The HAS wished to express its appreciation to those Founding Members who have recently sent in \$25.00 to cover the cost of a special membership for this year. While Founding Members are "members in perpetuity" and thus entitled to Journal and Professional Auditors Bulletin subscriptions as well as other services of the HAS so long as they may desire, many of these members have generously contributed \$25.00 annually to assist the organization in covering the costs of the publications and other services.



## BEFORE . . .

Members of the second unit of the Advanced Indoctrination Course in Clinical Procedures at Camden. This photograph was taken November 18, 1953, during the first week of the course.

Seated on floor (left to right): Johnathan Kenworthy, Alberta

Elliott, Harold Ladas, Clinton Macauley, Earl Cunard, Middle row: E. M. (Smokey) Brand, Robert Shannon, Jack Sheline, Jacqueline Sainte Anne, Carole Yeager, Dale Kathary, Al Kozak. Back row: Richard Walker, Marcus Tooley, Gabriel Petroski, R. Michael Carrell, Leo Hoenel, Laura Webster, Tom Lovejoy, and Christian Rossee. Not present: M. M. Mandelkehr.

# SOP-8-C : THE REHABILITATION OF THE HUMAN SPIRIT

by l. ron hubbard

Scientology, the science of Knowing how to know, has been developed for various applications in the field of human experience.

Where it is utilized by skilled persons to enhance the personal ability and knowledge of others, the recommended process is Standard Operating Procedure 8 C.

SOP-8-C was developed after almost a year of observing SOP-8 in action in other hands than mine, and after observing the frailties and talents of human auditors. SOP-8-C might be called SOP-8 modified for clinical, laboratory, and individual human applications.

The goal of this system of operation is to return to the individual his Knowledge, skill and knowingness, and to enhance his perception, his reaction time and serenity.

It is entirely incidental that SOP-8-C is effective on "psycho-somatic" illness, on human aberration and social difficulties. It is not the intent or purpose of Scientology to repair. The science is a creative science. If the fact that human illness, disability and aberration uniformly cease to be because of Scientology, the effect is not intended to be primary and the goal of SOP-8-C is not their remedy. Indeed if SOP-8-C is used to remedy these only, it fails as a system. SOP-8-C succeeds only when it is addressed toward higher knowingness and beingness--ironically, in using it, human ills vanish only when the Auditor concentrates on the goals of the system and neglects the obvious physical disabilities of the preclear.

In that one creates that which one concentrates upon, a treatment of illness which validates it in treatment will always tend to be unsuccessful.

SOP-8-C was the subject of the Camden Indoctrination Course B, from November 16 to December 23, as well as the subject of the Phoenix International Congress of December 28, 1953.

Specifically, the use of these processes obtain, when correctly used, without further evaluation for, or indoctrination of the preclear, the knowledge that he is not a body, that he is a creative energy-production unit, and demonstrates to him his purposes and abilities.

This energy-space production unit we call a "thetan", that being a coined word taken from a mathematical symbol, the Greek letter "theta". This is the preclear. One does not send "one's thetan" anywhere. One goes as a thetan. When a preclear is detected being in one place and finding "his thetan" in another ("I'm over there") he is not exteriorized. To be "exteriorized" the preclear must be certain that he is outside his body. An uncertain "exteriorization" requires more work before it becomes an

exteriorization.

SOP-8-C brings about a condition designated as "theta clear." This is a relative, not an absolute term. It means that the person, this thought unit, is clear of his body, his engrams, his facsimiles, but can handle and safely control a body.

The state of Operating Thetan is higher than Theta Clear and means that the person does not need a body to communicate or work. It is accomplished with SOP-8-O.

The highest theory of SOP-8-C is that the being is engaged upon a game called Physical Universe. This is a game requiring barriers, which is to say, walls, planets, time and vast distances (which last two are also barriers.) In engaging upon this game he has at last become so conscious of barriers that he is limited in his actions and thoughts. He thinks, in the case of homo sapiens, that he is a body (a barrier) hemmed in by vast distances (barriers) and pinned in a time-stream (a system of moving barriers) so as to reach only the present. These combined barriers have become so formidable that they are not even well-perceived, but from being strong have become unreal to him. The matter is further complicated by "invisible barriers" such as the eyes or glasses.

In actuality, the thetan is a knowingness, total in a cleared state, who yet can create space and time and objects to locate in them. He reduces his knowingness only to have action. Knowingness is reduced by assuming that one cannot know or knows wrongly. Knowingness is reduced by assuming one must be in certain places to perceive and so know and that one cannot be in certain places.

Space is, but does not have to be, the first barrier of knowingness. With Scientology we have the first definition of space--Space is a viewpoint of dimension. Given a viewpoint and four, eight or more points to view, one has space. Space is a problem of observation, not of physics.

There is no question here of whether space, energy or objects are real. Things are as real as one is certain of their reality. Reality is, here on Earth, agreement as to what is. This does not prevent barriers, or time from being formidably real. It does not mean either that space, energy or time are illusions. It is as one knows it is. For one makes, by a process of continuous automatic duplication, all that one perceives. So much for theory--in application this theory obtains results of considerable magnitude in changing beingness.

The thetan is continuously engaged upon cycles of action, The basic cycle of action is "Create, resist effects (survive) and Destroy." This can be stated in various ways: "Create an object, have it resist effects (survive) and then destroy it." Or, "Create a situation, continue it and change it, and destroy or end it." When a thetan leaves a cycle which is important to him unfinished, he tends to strive to finish it elsewhere or later in unrelated circumstances. Further, he can become overly concentrated upon creating or persistence (surviving) or upon destroying and

so form an unbalanced state of beingness.

Time exists in those things a theta creates. It is a shift of particles, always making new space, always at an agreed upon rate. A theta does not change in time, but as he can view particles (objects, spaces, barriers) from many viewpoints, he can consider himself to be in a "time-stream" which he is not. A theta's ideas (postulates, commands, beliefs) change; particles change; the theta does not change either in space or in time.

Just as he is making an effort to do something he cannot help but do—Survive—he is also fighting against doing the only thing he does—sit fixed in one "position".

The theta, to produce interest and action, operates as a paradox. He cannot die so he firmly insists and proves continually that he can die. He never changes location but only views new locations and constantly lives in horror of being fixed in time and space. Above that, he knows the past and the future and all of the present, and so fights to obscure the past and guess the future.

Less theoretically, the individual who is processed is at first, usually, "in" the body and perceiving with the body's eyes. When exteriorized (placed "three feet back of his head,") he is actually out of the body and still "in" physical universe space. He can, exteriorized, move about and be in places just as though he had a body, seeing without eyes, hearing without ears, and feeling without fingers—ordinarily better than with these "aids." This is not like "astral walking" which is done by the individual who "sends a body" or a viewpoint to some other place and perceives with it. A theta is as much present where he is as if he were there in body. He isn't "somebody else" than the preclear moving dimly about. He is the preclear, he is there. At first he may be uncertain as to what he is seeing. This faculty becomes better as his ability to look, hear and feel while exteriorized improves. SOP-8-C improves this perception. Because the body only perceives what the theta is perceiving anyway, looking, feeling, hearing of the body is also better with SOP-8-C but this is only incidental.

When a theta believes too thoroughly he is a body, he is generally unhappy, afraid, doubts his own (and validates the body's) existence and worries about his inabilities. When he is out of the sphere of influence of the body (a very small one) he becomes serene, confident and knowing. He can handle a body better, can act faster, can recall more and do more while exteriorized than he can while in a body.

Society, thirsting for more control of more people substitutes religion for the spirit, the body for the soul, an identity for the individual and science and data for truth. In this direction lies insanity, increasing slavery, less knowingness, greater scarcity and less society.

Scientology has opened the gates to a better World. It is not a psycho-therapy nor a religion. It is a body of knowledge which, when properly used, gives freedom and truth to the individual.

It could be said that Man exists in a partially hypnotized state. He believes on other-determinism in many things, to his detriment. He will be as well as he is self-determined. The processes of Scientology could be described as methods of "unhypnotizing" men to their own freer choice and better life.

## THE USE OF SOP-8-C

This process is designed to be administered by one person (the Auditor) to another (the preclear).

SOP-8-C is first used step by step from Step I on until the person to whom it is addressed knows he is back of his

head and no longer in the body. If the preclear is very difficult to exteriorize, the person should be referred to an Auditor trained at the HAS Clinical Center (for there are special methods of exteriorization for difficult cases which are contained in but are not at once visible in SOP-8-C). The first three steps are exteriorization steps. They should be repeated over and over until certain exteriorization takes place.

The Auditor can go through the first steps many times one after the other with the preclear until exteriorization occurs. Doing Steps IV to VII on a person not exteriorized should be minimized. (Earlier SOP's used all seven steps for exteriorization, a practice not followed in SOP-8-C where only the first three steps are used.)

When the preclear has exteriorized one then begins again with Step I and continues to Step VII in order with the preclear exteriorized. Here in SOP-8-C, the emphasis is upon an exteriorized theta. When the Auditor has taken the exteriorized preclear thoroughly, and correctly through Steps I to VII at least twice, one has then what may be considered a theta clear.

To repeat, one uses SOP-8-C Steps I to III in that order. On one of these, the first time through, the majority of people exteriorize with certainty. As soon as exteriorization takes place, the Auditor starts with Step I again, does it thoroughly on the exteriorized preclear, then the Auditor applies Step II thoroughly and so on until all seven are done.

The Auditor knows when the preclear exteriorizes by asking him or by the preclear volunteering the information. **CAUTION:** Do not ask the preclear to look at his body.

If the preclear fails to exteriorize sometime during the first three steps, the Auditor should simply do them again. If the preclear fails the second time, the Auditor patiently goes through them a third time, and so on. If the matter then seems too difficult, contact an Auditor trained during late 1953 at Camden, by the HAS itself.

The least possible result in going over these first three steps many times will be a considerably bettered condition of the preclear, superior to all past results. Only a very few preclears fail to exteriorize after Steps I to III have been several times repeated.

**CAUTION:** Although this process is as foolproof as it can be made, it can be maliciously used in this wise—by giving the preclear constant losses—by giving him no chance to win—by hounding him—by evaluating for him—by insisting he is "outside" when he is not—by invalidating him—by pretending to see him or his mock-ups or saying that one does if he does.

## SOP-8-C FORMULAS AND STEPS

**OPENING PROCEDURE:** (10 minutes to two hours—with MEST body)

(a) Send preclear to exact places in room, one place at a time.

(b) Have preclear select places in the room and move to them one at a time, still under auditor's direction.

(c) Have preclear drill in physically holding on to and letting go of objects and spaces on his own decision to hold on, decision to let go.

## STEP I: LOCATION

**PRE-LOGIC:** Theta orients objects in space and time.  
**AXIOM:** In life experience space becomes beingness.

**FORMULA I:** Permitting the preclear to discover with certainty where people and things are not in the present, past and future recovers sufficient orientation to establish his knowledge and certainty of where he is and they are; the application of this is accomplished by negative orientation of beingness, havingness and doingness on each of eight dynamics in the present, past and future.

### STEP I

(a) Ask preclear to be three feet back of chair. Ask him for things, people which are not giving him directions (orders). For things, persons he is not giving orders to. For things, persons which are not giving directions to other things. Ask preclear for goals he does not have. For goals others do not have for others. For goals another does not have for him. For goals he does not have for another. For persons he is not. For animals he is not. For places where he is not. Where bacteria is not. Where objects are not. For places where he is not thinking.

NOTE: All of the above are done in "hrackets" for present, past, and future.

(b) (If exteriorized) Have him drill while exteriorized into holding onto and letting go of objects on his specific decision. Ask him to be in places which are safe, dangerous, pleasant, unpleasant, beautiful, ugly.

### STEP II: BODIES

**AXIOM:** In life experience energy becomes doingness.  
**AXIOM:** Compulsive position precedes compulsive thinking.  
**AXIOM:** That which changes the preclear in space can evaluate for him.

**FORMULA II:** Permit the preclear to discover that he handles bodies and allow him to handle bodies in mock-ups and actuality; and remedy his thirst for attention which he has received by contagion from bodies.

### STEP II

(a) Have preclear mock-up bodies and un-mock them. Have him get somethingnesses and nothingnesses of bodies until he feels better about them. Ask him to be three feet back of chair.

(b) (If exteriorized) Have him complete II-a many times and then move body while he is outside.

### STEP III: SPACE

**PRE-LOGIC:** Theta creates space and time and objects to locate in them.

**DEFINITION:** Space is a viewpoint of dimension.

**AXIOM:** Energy derives from imposition of space between terminals and a reduction and expansion of that space.

**FORMULA III:** Permit the preclear to regain his ability to create space and impose it upon terminals, to remove it from between terminals and to regain his security concerning the stability of MEST space.

### STEP III

(a) Have preclear hold two back corners of room and not think.

(b) (If exteriorized) Have preclear complete spacation.

NOTE: If not exteriorized return to Step I.

### STEP IV: HAVINGNESS

**AXIOM:** In life experience matter becomes havingness.

**OBSERVATION:** To a theta, anything is better than nothing.

**OBSERVATION:** Any preclear is suffering from problems of too little havingness and any reduction of his existing energy, if not replaced, will cause him to drop in tone.

### FORMULA IV:

(a) The remedy of problems of havingness is accomplished by creating an abundance of all things.

(b) As the preclear has rendered automatic his desires and ability to create and destroy, and has thus placed havingness beyond his control, the Auditor should place in the control of the preclear his automaticities of havingness and unhavingness and permit him, on his own self determinism, to balance his havingness.

(c) How to make havingness: Have preclear put out eight anchor points of size, thus creating a space. Have him pull in these eight to the center and have him retain the resulting mass. Do this using large and various objects for anchor points. Do this until he is willing to release such old energy deposits as engrams and ridges but still continue to make havingness.

### STEP IV

Have preclear remedy problems of havingness by mocking up and pulling together sets of eight anchor points. Do this many times. Do not have him make anchor points explode in this fashion. Have him save masses thus created. Have preclear adjust anchor points in body.

### STEP V: TERMINALS

**AXIOM:** Space exists by reason of anchor points.

**DEFINITION:** An anchor point is any particle or mass or terminal.

**AXIOM:** Energy is derived from mass by fixing two terminals in proximity in space.

**AXIOM:** Self-determinism is related to the ability to impose space between terminals.

**AXIOM:** Cause is a potential source of flow.

**AXIOM:** Effect is a potential receipt of flow.

**AXIOM:** Communication is the duplication of the receipt point of that which emanated at a cause point.

**AXIOM:** Wrongness in terms of flow is inflow.

**FORMULA V:** The theta is rehabilitated as to energy and terminals by remedying his postulates about outflow and inflow and drills relating to the outflow and inflow of energy according to the above axioms.

### STEP V

(a) Ask preclear for times he could do something. Times when he couldn't do anything. For things he can do. For things he can't do. For things other people can, can't do. For things other people can do for others. For things another specific person can't do for him. For things he cannot do for another or others.

(b) Ask preclear for objects, actions, persons, ideas he is not destroying. For objects, actions, persons, ideas he is not making survive (persist). For objects, actions, persons, ideas he is not creating. Present, past, and future in brackets. (NOTE: Ideas are the most important here, in brackets.)

(c) Ask preclear for objects, persons, energies, times which are not touching him. Which he is not touching. Which are not reaching for him. For which he is not reaching. For objects, persons, times from which he is not withdrawing. Which are not withdrawing from him. In brackets.

(d) Ask preclear for sights which will not blind him. For people he will not blind if they see him. For noises which

will not deafen him. For people he will not deafen. For spoken words that will not hurt him. For spoken words which will not hurt others. In brackets.

(e) Ask preclear for ideas that will not destroy, cause to survive (persist), create, or upset others. In brackets.

(f) Ask preclear for ideas, sounds, sights that will not fix people or unfix them from specific places.

(g) Ask preclear for ideas he is not trying to fix in things. For ideas he is not trying to unfix from things. In brackets.

(h) Have him unmock and mock-up terminals and move them together and apart until he can make them generate currents.

## STEP VI: SYMBOLIZATION

**DEFINITION:** *A symbol is an idea fixed in energy and mobile in space.*

**FORMULA VI:** *The theta who has been moved about by symbols is strengthened by mocking up and moving about and fixing in space ideas which have formerly moved him*

## STEP VI

Have preclear create symbols which mean nothing. Ask pc for ideas he is not trying to destroy. For ideas he is not trying to make survive (persist). For ideas he is not trying to create.

**NOTE:** The above are done in brackets. Have him mock-up ideas and move them about.

## STEP VII: BARRIERS

**AXIOM:** *The MEST universe is a game consisting of barriers.*

**DEFINITION:** *A barrier is space, energy object obstacles, or time.*

**FORMULA VII:** *Problems of barriers or their lack are resolved by contacting and penetrating, creating and destroying, validating and neglecting barriers by changing them or substituting others for them, by fixing and unfixing attention upon their somethingness and nothingness.*

## STEP VII

(a) Have preclear reach and withdraw (physically; then as himself) from spaces, walls, objects, times.

(b) Have preclear do six ways to "nothing."

(c) Have him create and destroy barriers.

## STEP VIII: DUPLICATION

**FUNDAMENTAL:** *The basic action of existence is duplication.*

**LOGIC:** *All operating principles of life may be derived from duplication.*

**AXIOM:** *Communication is as exact as it approaches duplication.*

**AXIOM:** *Unwillingness to be cause is monitored by unwillingness to be duplicated.*

**AXIOM:** *Unwillingness to be an effect is monitored by unwillingness to duplicate.*

**AXIOM:** *An inability to remain in a geographical position brings about an unwillingness to duplicate.*

**AXIOM:** *An enforced fixation in a geographical position brings about an unwillingness to duplicate.*

**AXIOM:** *Inability to duplicate on any dynamic is the primary degeneration of the theta.*

**AXIOM:** *Perception depends upon duplication.*

**AXIOM:** *Communication depends upon duplication.*

**AXIOM:** *In the MEST universe, the single crime is duplication.*

**FORMULA VIII:** *The primary ability and willingness of the theta to duplicate must be rehabilitated by handling desires, enforcements and inhibitions relating to it on all dynamics.*

## STEP VIII

(a) Ask preclear for actions, forms and ideas which do, do not duplicate specific other people. For actions, forms, ideas by which specific other people do, do not duplicate specific other people. For actions, forms, ideas of others which do, do not duplicate him.

(b) Have preclear duplicate physical objects and people and possess himself of duplicates.

(c) Have him make "no-duplicates" of objects and people.

(d) Have him duplicate somethings and "nothings."

## GROUP C

"Group C" is a process used on large numbers of people. It is composed of the following steps of SOP-8-C: Step I-a, Step II-a, Step III-a, Step V-a to h, Step VI, Step VII, Step VIII.

## GLOSSARY

PC stands for "preclear," a person being processed.

Mock-up: A self-created image the pre-clear can see.

Bracket is done as follows: For preclear, for another, others for others, others for self, another for preclear, preclear for another. See Step Ia.

**Special note:** The first three steps of SOP-8-C could be classified as beingness steps. The remaining five steps of SOP-8-C could be classified as havingness steps. SOP, itself, in all eight steps constitutes doingness, thus approximating as described in "Scientology 8-8008" the space--be, energy--do, time--have triangle.

**Special note:** In its entirety, SOP-8-C could be considered as various exercises in Formula II which involves the most basic action of the theta which is reaching and withdrawing.

**Special note:** It will be noted that the negative orientation techniques are done in such a way as to make the preclear, without his being told to do so, create space. The auditor should pay specific attention when the preclear is discovering where things are not that the preclear be caused to note specifically each time the exact location and position where the thing does not exist. This calls the preclear's attention to various positions which in themselves, thus located, create space. Thus, throughout SOP-8-C, the rehabilitation of space is also to be found, the definition of space being "space is a viewpoint of dimension."

**Special note:** In his auditing, if the Auditor does not get a communication change on the part of the preclear, whether better or worse, every five or ten minutes, either the Auditor is using the wrong step at the time, in which case he should progress on into the steps; or the preclear, even if he says he is, is not complying with the Auditor's orders. The Auditor, thus, should remain in continuous communication with the preclear so far as possible and should ascertain with great care what the preclear is doing after he indicates that he has complied with the direction and to discover every five or ten minutes if there has been

a change in certainties or communication. The commonest source of failure in any step in SOP-8-C is a failure on the part of the preclear to execute the orders given as it was intended to be executed, or on the part of the Auditor in failing to ascertain whether or not the preclear is executing properly or if there has been a communication change. A careful check of Auditors and preclears utilizing SOP-8-C has demonstrated in each case where its use was becoming lengthy that the Auditor was failing to ascertain from the preclear whether or not there had been communication changes, and it was also uniformly discovered that the preclear who was failing to get results while being audited with SOP-8-C was not doing the steps as directed but was either avoiding by not doing them at all although he said he was doing them or was failing to understand the direction and so was executing the step in some other way.

The first goal which an Auditor must achieve is willingness in the preclear to receive directions. The condition of the preclear is such, in nearly all cases, that he has chosen as a main point of resistance in life direction of himself other than his own. Because the physical universe is designed to resist and overcome that which resists it, a continuous resistance to other direction than one's own results finally in a loss of ability to greater or lesser degree to direct oneself. In that it is the ability to direct himself which the Auditor is seeking to return to the preclear, it must be demonstrated to the preclear solely by the process of good auditing that other direction is not necessarily harmful or in the worst interest of the preclear. Thus, to some degree, he ceases to resist incoming direction, and by ceasing to resist it, no longer validates it as a barrier, and so is not concentrating attention on resisting direction but is able to use it freely in his own self-direction. The self-determinism of a preclear is proportional to the amount of self-direction he is capable of executing and deteriorates markedly when a great deal of his attention is devoted to preventing other direction. Directing himself, the preclear becomes capable of execution; preventing direction of himself (resisting the direction of others) brings about a condition where he is mainly devoted to resisting his environment. The latter results in a diminishing of space of the preclear.

The first step in the rehabilitation of the preclear in self-direction is therefore a limiting of the amount of resistance he is concentrating on "other direction" and demonstrating to him that his following of the steps of SOP-8-C under the direction of an Auditor is not harmful but, on the contrary, increases his command and control of himself and brings him at last to the point where he can neglect and ignore the continuous stimulus response operation of the physical universe.

It can be seen clearly then that the Auditor who sets himself up to be resisted will fail, for the preclear is mainly concentrating upon resisting the Auditor. This is the primary factor in all auditing.

The preclear is brought to a point of cooperation in terms of direction without the use of hypnosis or drugs and without argument or "convincingness" on the part of the Auditor, by which is meant overhearing demeanor. At the same time it should be the sole intention and operation of the Auditor that his own directions he carried out explicitly by the preclear, and that these he performed with a minimum of communication break and with a maximum of affinity, communication and reality.

Using the formula that that which changes the individual's position in space can evaluate for the individual, the Auditor

in using SOP-8-C should use, at the beginning of the first session and in any session where the preclear becomes unreasonably uncooperative in following simple directions, the following procedure. The Auditor has the preclear walk to specific points in the room, touch, hold and let go of various specific objects. The Auditor should be very exact in his directions. The Auditor should do this even on an apparently cooperative case at least twenty minutes before going on to the next step in Opening Procedure.

When the preclear, drilled in this fashion, has at length realized without being told that the Auditor's directions are quiet, reliable, exact and to be performed and not until then uses this process:

Preclear is asked to send himself to various parts of the room and do specific things. The Auditor is very specific and exact about this, in that he has the preclear decide on his own determinism and, before moving from the spot where he is standing, what part of the room he is going to send himself to. When the preclear has decided this, and only then (but not necessarily telling the Auditor), the preclear then takes himself to that part of the room. The Auditor must be very exact that the decision to go to a certain part of the room and to reach or withdraw from a certain thing is made before the preclear takes an actual action. And then the Auditor should make sure that the preclear has done exactly what he decided he would do before he moved. In such a wise, coached by the Auditor, the preclear is led to direct himself to various parts of the room until he is entirely sure that he is directing himself to certain parts of the room and that the orders are coming from nobody but himself. Of course, before each new place is chosen, the Auditor tells the preclear to choose a new place and tells him when to go there.

The third stage of this Opening Procedure is then as follows:

The Auditor has the preclear be in one spot in the room and then has the preclear decide there to go to another spot in the room. The Preclear leaves. The Auditor has the preclear change his own mind, and go to yet another spot. This last is done to lessen the preclear's fear of changing his mind, to strengthen his decision and to lessen his reaction to his own mistakes.

The last two steps of Opening Procedure are done at some length. It is profitable by the experience of many Auditors to spend as much as an hour on Opening Procedure even in a case which is not in poor condition. When Opening Procedure is omitted or is not carried on far enough, the Auditor may discover that it will take him from five to ten hours to "get the case working." This time is saved by the expenditure of much less time in using Opening Procedure. Even when the preclear is complacent, even when the preclear is an obvious "Step I," even when the preclear shows no outward sign of resistance to other direction than his own, the first communication lag lessening which the Auditor will perceive on the case will probably occur during the use of Opening Procedure. Further, the certainty of the case is heightened. Further, Opening Procedure is, for any level of case, an excellent process.

The preclear who is familiar with SOP-8 may conceive that he is doing a step which is "reserved for psychotics." The preclear should be disabused of such a concept, since the step is used today on all cases.

In the case of a preclear who is very resistive, Opening Procedure can be used with considerable profit for many hours. For such activity, however, an auditing room of the usual dimensions is usually too constrictive and the drill may be carried on as well out of doors even if only on a street.

## PHOENIX CONGRESS

(Continued from Page 1)

of the group was very high and there was a tremendous enthusiasm and interest in the lecture material, the group processing, and the seminar sessions with group leaders. Those able to attend consider themselves indeed fortunate to have been able to do so.

Although the HAS had planned, and advertised in the Journal of Scientology, to present only twelve hours of the Phoenix lecture material to the field in tape recorded form, the HAS feels that the material at the Phoenix Congress is too valuable not to be made available in complete form. Thus, the nineteen hours recorded at the Phoenix Congress is being made available in two sections, one of which consists entirely of group processing eight hours in length --- probably the best and most workable group processes ever recorded on tape in Dianetics, Scientology or any other endeavor in the realm of the human mind and human behavior. The other section, comprising eleven hours of more technical material containing some group processing, supplemented, due to a technical difficulty which prevents putting an odd number of hours on a tape recording series, by a one hour lecture by L. Ron Hubbard on Beingness selected as the outstanding lecture presented during the second unit of the Advanced Clinical Course at Camden in 1953. This assemblage of twelve hours, eleven from the Congress and one from the Camden series, comprises the technical package advertised in the Journal.

These tape recordings are available now. The prices for groups throughout the field of Dianetics and Scientology (including regular group discount) are \$84.00 for the twelve hours of technical material and \$56.00 for the eight hours of group processing, or \$140.00 price to your group for the entire twenty hour package of tape recorded material. (Send your orders to the Tape Recording Department, HAS, 527 Cooper Street, Camden 2, New Jersey.)

As the lectures and group processing presented by L. Ron Hubbard progressed through the course of the four days, December 28th through December 31st, the tone of the group was seen to improve steadily. And the enthusiasm over the simplicity and workability of these techniques was quite evident.

For the conclusion of the Congress on New Year's Eve, the delegates assembled in one of the spacious ballrooms of the beautiful Westward Ho Hotel in Phoenix for a celebration which lasted well into the first morning of the New Year. Excellent entertainment and appropriate refreshments raised the "spirits" of the group assembled to a peak of optimism for a prosperous, happy new year of accomplishment and progress for the advance of Scientology into our society.

For those who have not yet had the good fortune to attend the Congresses of Scientology and Dianetics such as in Philadelphia in the fall and at Phoenix, there is a wonderful opportunity available not only to obtain technical information of the theory and practice of Scientology upon individuals and groups but also to enter into the fellowship and friendship of such a group gathering of high toned people of common interest and an opportunity to make new acquaintances which one may treasure for a long time to come. Surely, no one able to do so should miss the opportunities that these Congress gatherings offer to all of the delegates.

The HAS looks forward to being host to each and every one of you at the next Congress of Scientologists and Dianeticists.

## SCIENOTES

(Continued from Page 2)

Even today, when I speak to strangers—some of them psychologists! —I speak of Scientology and Hubbard with pride, boldness confidence. Our whole effort is coming up the tone scale gradually.

The manifesto which I sent you over my name and Steves' is intended for legal use here in California. Mention of Sequoia, Universities, "developers," etc., is intended to impress bureaucrats and other authoritarians.

Anyone who has any grip at all on Scientology knows that there is nothing like it anywhere in the world and that it has all come from Ron. But there are only a few who have such a grip—even among HDA's, HCA's and so on. There is no point in frightening the others away. They will brighten up after a while, on their own, if they are not driven too hard." Richard DeMille, Los Angeles, California.

".... I must admit I am somewhat skeptical that your method could produce the results claimed for it, but I'd like to try it before I say it won't work. Moreover, I know someone who knows someone who is really sold on the process." Dwight Smith, Iowa City, Iowa.

".... The tapes are terrific. Many thanks for getting them out so fast." Jan Halpern, Stamford, Connecticut.

".... The literary style of the last Journal shows considerable improvement over previous ones. The hectic, "feverish" tone has calmed down sufficiently to allow the exposure of the Journal to those people not already acquainted and enthusiastic about Scientology." Virginia Goheen, Paducah, Kentucky.

".... I have recently visited in Seattle and took in a few classes with Edd Clark, your Associate. He certainly has a well organized and cooperative class and a sound program. My husband and I each had a session from him and his auditing far surpasses any we have seen anywhere and he has full command of these new techniques." Helen Ferraby, Spokane Washington.

".... I wish to give you this observation: I am very different as a result of your work . . . Many and wider fields are opening up for me. I know I am needed on earth for a while." James B. Gere, Cornwall-On-Hudson, New York.

## "1953 PHILADELPHIA CONGRESS LECTURES"

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# latest developments in camden

## HUBBARD GUIDANCE CENTER OPENS

### BASIC STUDY COURSES IN SCIENTOLOGY AVAILABLE

With the coming of the New Year, 1954, the HAS in Camden announces the opening of the Hubbard Guidance Center at 726 Cooper Street, third floor, Camden 2, New Jersey. Telephone WOODLAWN 6-2185. The Hubbard Guidance Center serves the purpose of providing top level professional processing for preclears in nearby, and even remote, areas. The Guidance Center is completely staffed to handle a large number of cases with auditors trained in the Advanced Clinical Course. These auditors are skilled in the advanced high speed techniques of Clinical Procedure SOP-8-C, having been trained under the personal supervision of L. Ron Hubbard.

The Guidance Center, directly supervised by L. Ron Hubbard, makes available a level of processing not presently available anywhere else in the United States. To those who want, need, or can afford the best, the Hubbard Guidance Center in Camden is the answer. There are well trained auditors indoctrinated in the latest Clinical Procedures in other parts of the country. However, only here at the Hubbard Guidance Center are so many good auditors available to handle your case.

A basic course in the fundamental principals of Scientology presented in the most simplified form, and also serving as excellent review material to those well acquainted with the more advanced aspects of Scientology, is being presented in the facilities of the HAS here at Camden.

These courses of instruction comprising two weeks of evening lectures and seminars on group processing and methods are being presented by L. Ron Hubbard, Jr. Here is your opportunity to find out, first hand, that Scientology is the science of knowing how to know and that Scientology does make the able more able.

These two week series being presented January 18 and February 1, respectively, are priced moderately at \$25.00 per person, or \$35.00 for a couple. For registration or information concerning these basic courses of instruction write, wire or phone L. Ron Hubbard, Jr., Director of Training, HAS, 527 Cooper Street, Camden 2, New Jersey. Telephone WOODLAWN 6-3476.

One may also register for these courses of instruction on January 18 and February 1, respectively, at the lecture halls at 507 Market Street, (second floor), Camden, New Jersey at 6:30 p.m. on those evenings prior to the commencement of the first lecture of the series. Fees are payable upon registration.

Processing at the Hubbard Guidance Center in Camden is at \$25.00 per hour, or a twenty-five hour intensive processing series at \$20.00 per hour, totaling \$500. These prices are in keeping with the degree of accomplishment

### "DOCTORATE" COURSE TO BE PRESENTED

Starting February 15th in its training and processing quarters at Camden, New Jersey, the HAS will present an advanced course of instruction in professional techniques in Scientology featuring the tape recorded lectures made by L. Ron Hubbard during 1952 as well as personal instruction seminars, supervised auditing and processing. These features make a comprehensive course of instruction in professional auditing, the successful completion of which entitles the student to the degree of B. Scn. (Bachelor of Scientology).

This will be a day course of instruction (that is, no separate evening section is planned) running six days a week from 8:00 a.m. to 10:00 p.m. on the following schedule:

8:00 a.m. To 9:00 a.m.	One hour of tape listening
9:00                    9:30	Seminar: Questions and answers, chart explanation, etc.
9:30                    10:30	Tape listening
10:30                    11:00	Seminar
12:00 noon              1:00 p.m.	Group processing
1:00                    2:00	Tape listening
2:00                    2:30	Seminar
2:30                    3:30	Tape listening
3:30                    4:00	Seminar
4:00                    5:00	Group processing
7:00 p.m.              10:00 p.m.	Student processing supervised by an instructor.

This heavy schedule is necessitated by the amount of material, which includes over seventy hours of tape lectures, which must be covered, absorbed, and properly understood to make a good auditor.

Successful completion of this "Doctorate" course qualifies the student for consideration as an applicant for the most advanced course of instruction in Scientology, the Indoctrination Course in Clinical Procedures. This course of instruction at Camden includes Basic, HCA, and higher levels of instruction in Scientology.

The price for this course is \$500.00 for six weeks of intensive indoctrination. Application should be made well in advance, if possible, to Training Department, c/o HAS, 527 Cooper Street, Camden 2, New Jersey. Telephones: WOODLAWN 6-3476, WOODLAWN 6-2185.

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(Continued from Preceding Column)

that we feel a preclear should have in Scientology with auditors of this calibre, and in keeping with the degree of accomplishment that we know will take place with auditors such as these.

Address inquiries in writing to the Hubbard Guidance Center, c/o HAS, 527 Cooper Street, Camden 2, New Jersey. Or visit in person the Guidance Center, 726 Cooper Street, or telephone there: WOODLAWN 6-2185.

## FREE GROUP PROCESSING IN CAMDEN

One of the latest services provided by the HAS to the residents of the Philadelphia-Camden area has been the inauguration of free group processing sessions. These sessions, commencing on January 19, are being held each Tuesday and Thursday evening from 7 to 9 p.m. at the Hubbard Guidance Center, 726 Cooper Street (third floor), Camden, New Jersey. The Processing sessions are being led by the various staff members of the Guidance Center, all of whom are recent graduates of the Advanced Indoctrination Course in Clinical Procedures. All those interested in Dianetics and Scientology, as well as the general public, are invited to attend.

## TAPE RECORDING PROJECT SUCCESSFUL

After over three years, during the development of Dianetics and Scientology, of poor quality, non-professional and difficult to understand tape recordings on theories and techniques in Scientology, in October of 1953 the HAS set out upon an ambitious project: to produce consistently good professional quality tape recordings of lectures by L. Ron Hubbard on the theories and techniques of Scientology.

Among the working goals of this project were making more tape recordings available to more people at more reasonable prices, establishing a standard of quality as to tape material used and readability of the tape recordings and set forth further to ship these tape recordings to the people in Scientology desiring them with a minimum of delay.

To say that this was an ambitious project is an understatement, for it required the purchase of professional equipment, such as high quality microphones, reproducing and mixing amplifiers and the use of professional quality recording equipment. It was soon found that the HAS was in the best position possible to produce its own master recordings and with the full cooperation of excellent professional recording and reproducing studio, The Recorded Publications Laboratories of Camden, New Jersey, the HAS found that it could produce excellently reproduced duplicates of the original high quality master tape recordings in very short periods of time.

The machines which this professional laboratory uses for duplication are of such quality and calibre that the duplicates made by them are equalized and even slightly improved upon, above and beyond the quality of the original tape recording. By producing tape recordings in volume, the costs have decreased and the HAS has in turn passed on these savings to interested people in Scientology.

Amongst the best seller items on the HAS tape recording department's stock lists since last October has been the Philadelphia International Congress tape recordings, the tape recordings on Clinical Procedures during the second Camden Course Unit in November 1953, the demand for which has far exceeded all expectations, and the tape recordings of the lectures and group processing at the Phoenix Congress during the last week of December, 1953, the sales of this latter item rapidly indicating that it will soon be close to the top of this best seller list.

The tape recordings being made under this program are currently being sold subject to all regular HAS discounts. In addition to the above items the HAS prepared and sent out a one half hour group processing session by L. Ron Hubbard as a free gift and sample of the present quality

of the HAS tape recordings to all registered groups whose names were on record in the Camden office (If your registered group has not received such a sample tape recording please drop us a line at the Camden Office and let us know of this condition.)

There will be more tape recordings available soon for distribution to groups of interested Scientologists throughout the nation and throughout the world. An even greater savings in the purchase of these tape recordings will be passed on to the Scientologists as the costs of the operation of the tape recording department decrease.

Listed below are the current prices at group discount level for the tape recordings which we have available:

First International Congress of Dianeticists and Scientologists at Philadelphia 1953, 12 hours of lectures tape recorded \$85.00.

Clinical Procedures (SOP-8-C G) 6 hours of tape recorded lectures by L. Ron Hubbard, \$45.00, (when purchased with the Phila. Congress recordings or to those who have purchased the Phila. Congress recordings SOP-8-C (G) is priced at \$35.00.)

International Congress of Scientologists and Dianeticists at Phoenix, Arizona 1953, 12 hours of lectures on technique by L. Ron Hubbard \$84.00, 8 hours of group processing of the delegates by L. Ron Hubbard \$56.00 (complete Phoenix Congress technical lectures and group processing \$140.00). One half hour group processing tape by L. Ron Hubbard no charge. (If your group has not received it, it is available upon request from the Camden office if in stock.)

We are proud to say that the day of poor quality, difficult to understand tape recordings is past. We have many, many, many letters of commendation and admiration for the tape recordings we are now producing. You may look forward to the same or better in the future.

YOU GOTTA GRIPE ?

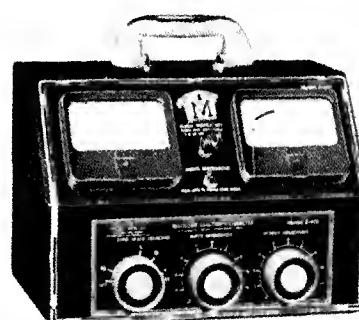
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